



NYS Apples

May


2025 K-5



Lunch

Lake Shore



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Meatball Submarine w/Mozzarella Cheese NYS Potatoes 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	2 Cheese and Pepperoni Pizza Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
5 Cinco De Mayo 8" Taco w/Meat, Cheese and Salsa	6 Grilled Cheese Sandwich	7 Breaded Mozzarella Sticks w/Dipping Sauce	8 Creamy Macaroni And Cheese	9 Cheese Pizza
Carrot Sticks 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Peas 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Mixed Vegetables 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Romaine Lettuce 1c Fresh or Prepared Fruit 1/2c Milk-8oz
12 Juicy Hamburger or Cheeseburger on a WG Bun	13 Nacho Grande w/Tostitos, Cheese & Salsa	14 Spaghetti and Meatballs	15 PoPcOrN Chicken w/ Creamy Potatoes and Hot Gravy	16 National Pizza Day!! Cheese and Pepperoni Pizza Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz Hersey's Chocolate Sunday Cup
Green Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Baked Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Potatoes 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	
19 Chicken Tenders w/Dipping Sauce	20 8" Taco w/Meat, Cheese and Salsa	21 Teriyaki Chicken w/Seasoned Rice and Fresh Broccoli and Peppers	22 Chili Cheese Fries Made with Crinkle Cut Fries	23 Cheese Pizza
Carrot Sticks 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Sliced Cucumbers 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Roasted Corn 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Romaine Lettuce 1c Fresh or Prepared Fruit 1/2c Milk-8oz
26 Happy Memorial Day! <small>Memorial Day</small> 	27 Taco In A Bag w/Cheese and Salsa Baked Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	28 Hot Turkey Sandwich w/Gravy Fresh Baby Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	29 Homemade Goulash NYS Potatoes w/ Onion 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	30 Cheese and Pepperoni Pizza Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz

Menu is subject to change

NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

The Following Entrees Served Daily:

Peanut Butter & Jelly
Sandwich (2M2G)

Monday's:
Ham or Turkey Sandwiches
(2M2G)

Tuesday and Thursday's:
Fruit & Yogurt Parfait
w/Flatbread (2M2G)

Wednesday and Friday's:
Julienne Salad w/Flatbread
(2M2G)

Offered daily
with all School Lunches:

Fresh or Prepared Fruit
(Must take 1/2 cup of Fruit or Vegetable –
may take up to 1 cup)

NYS State 8oz 1% or Skim
White Milk
Fat Free Chocolate Milk



If your Son or Daughter has a particular food allergy, please contact the school nurse and the food service office @ vera.spurrier@lscsd.org. Additionally, ingredient and nutritional information is available upon request

Students Receive
Free Lunch